

## "2007 International Wrestling Rules and Guide for Training Mat Officials"

"2007 International Wrestling Rules and Guide for Training Mat Officials" is a 45-minute DVD video presentation that makes use of illustrations and video of live wrestling to demonstrate how to properly conduct and score freestyle and Greco Roman wrestling matches. It includes instruction on completing a bout sheet, proper 3-man mechanics and positioning on the mat, numerous examples of 1, 2, 3 and 5 point scoring actions, the most recent application of the clinch rules and much more. Most of the examples are taken from video shot at Las Vegas, Fargo and several other national and international events I have attended in recent years.

This video was produced in cooperation with the United States Wrestling Officials Association. A portion of each sale goes to USWOA.

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To order a copy of the DVD, complete this order form and send along with full payment.

Payment includes shipping & handling. Shipping is generally done via USPS Priority Mail (2-3 delivery) so should have your order several days after it has been received by me.

**Please make checks payable to "Neal Dorow".**

Please contact me if you have any questions <ndorow@aol.com>.

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